

Patient Education Class

Preparing
for your
Surgery at



BUFFALO SURGERY CENTER



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Patient Education Class

- Welcome! Why we are here today
- This class will address what patients can expect
 - * Prior to surgery (pre-op)
 - * The day of surgery
 - * After surgery (post-op)



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Introduction

Excelsior Orthopaedics-

- Excelsior Orthopaedics was formed in 2002. It is a comprehensive, private orthopedic group practice located in WNY.

Buffalo Surgery Center-

- BSC is WNY's only ambulatory surgery center dedicated solely to the surgical treatment of musculoskeletal conditions (bones, muscles, tendons and joints).
- BSC is licensed by the NYS Department of Health and certified by Medicare. We hold a Certificate of Accreditation from AAAHC (*Accreditation Association for Ambulatory Health Care*).

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You may be...

- Thinking about surgery

Or

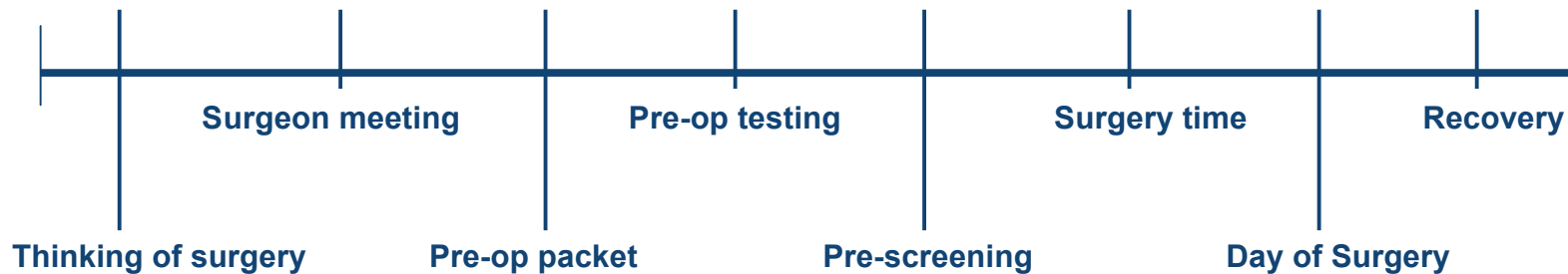
- Surgical date already scheduled



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Timeline of events leading to your surgery day:





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- Pre-Op Packets

- * Surgery scheduler role
- * Pre-op testing requirements
- * Pre-op packets

Will include:

- * Pre-op instructions to follow before surgery
- * EKG, blood work and/or History & Physical paperwork (if needed)
- * Medication sheet



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- Pre-Op Nurse
 - * Phone call 1 week prior to surgery
 - * General Health History
 - * Medications – what to take what not to and when to take
 - * Blood work– done where and when
 - * Pre-op instructions



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- Surgery Time
 - * Phone call 1-2 days prior to surgery
 - * Surgery cases are arranged specifically for that day
 - * Time of arrival
 - * Co-payment amount given (if applicable)



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Anesthesia Options:

- Local anesthesia- area of surgery will be injected with local numbing to anesthetize the site.
- Local with IV sedation (MAC)- IV sedation may be given by a member of anesthesia team as necessary.
- General- patient is anesthetized through a mask placed on the mouth and nose.
- Nerve Block– Block performed by anesthesia on operative side



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- Day of Surgery
 - * Shower and brush your teeth
 - * What to wear
 - * Medications
 - * Must have an adult with you
 - * Drivers License or picture ID
 - * Co-pay and insurance card



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- Arrival to Surgery Center
 - * Parking
 - * Checking in with receptionist
 - * Visitors
 - * Multiple surgeons working
 - * Coffee Shop– Papa Tom's



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- Surgery Center Nurse
 - * Nurse will take you to pre-op area
 - * Family members will stay in waiting area
 - * Pregnancy test (if applicable)
 - * Gown / socks / underwear may stay on
 - * Review paperwork
 - * Consent signed
 - * IV may be started
 - * Vital signs will be taken
 - * Anesthesia Provider
 - * Family member/friend can visit with patient
 - * Surgeon will mark site of surgery



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- Operating Room
 - * Will be transferred to OR in same bed
 - * Anesthesia and RN will remain with you (OR staff)
 - * Medication may be administered
 - * Vital signs will be monitored



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● Post-op

- * Surgeon will speak to you and/or family member after surgery
- * Length of stay in recovery room can vary
- * Monitored by RN (vitals, dressing checks, pain level)
- * Family member will be brought back



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- Post op con't
 - * Discharge instructions reviewed with nurse
 - * Pain medication script
 - * Patient Satisfaction Survey
 - * Post-op phone call 1-2 days after surgery



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General Discharge Instructions:

- * Don't stay home alone
- * Do not drink alcohol
- * Appetite—will take awhile to return
- * Take pain medication as soon as possible, as prescribed!
- * Ice Application
- * Additional discharge instruction sheets specific to your surgery (crutch walking, polar care, etc) will be given to you and explained by the nurse in recovery.



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Lastly,

As a patient, you can expect to be treated with respect, dignity and compassion. Our staff pride themselves on being competent, informative and always willing to go the extra mile to make sure the needs of our patients are met.

Thank you for choosing Buffalo Surgery Center!



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Questions?